

# HAPPY SEPTEMBER! 2020

Brownwood Senior Citizens Center 325-646-0550  
 Angie Dees Program Director  
 Amanda Bronniman Site Manager  
 110 South Greenleaf P.O. Box 1389

	1. Chicken Salad Pasta Salad Fruit Medley Cookie	2. Beef Pepper Steak Garlic Mashed Potatoes Veggies Bread Chocolate Pudding	3. Spanish Chicken Cilantro Lime Rice Broccoli Florets Tortillas Oranges	4. Cuban Pulled Pork Panini Pinto Beams Salad Fruit Crisp
	8. Soft Taco With Cheese Lettuce Tomato Salad Spanish Rice Pinto Beans Salsa Orange	9. Beef Pepper Steak Pasta Carrots Roll Mixed Berry Parfait	10. Spaghetti w/ Meat Sauce Roasted Broccoli Roll Fruit Crisp	11. Potato Crusted Fish Potatoes Green Beans Hush Puppies Emerald Pears
	14. Smothered Pork Cutlet Seasoned Succotash Veggies Roll Rosy Rears	15. Chicken Broccoli Stir Fry Rice Buttered Carrots Egg Roll Pineapple with Cherries Fortune Cookie	16. Meatloaf Mashed Potatoes English Peas Roll Cookie	17. Salmon Patties Yams Green Beans Bread Peaches
21. Chicken Strips & Gravy Sour Cream & Chive Potatoes Green Beans with Onions Roll Pineapple Chunks	22. Grilled Sausage Blackeyed Peas Okra Bread Mandarin Creamsicle Mousse	23. Chicken Fajitas Fiesta Rice Beans Tortilla Cookie	24. Shepherd's Pie Broccoli Bread Apple Spice Cake	25. Stuffed Bell Pepper Oven Fried Potatoes Carrots Garlic Breadsticks Cookie
28. Beef with Noodles Cabbage Bread Fruit Crisp	29. Baked Ham Yams Greens Bread Cake	30. Beef Lasagna Veggies Garlic Bread Fruited Jello		Suggested donation of \$2.00 per meal for seniors 60 and older.

Menus are subject to change